



THE HANDBOOK OF LITTLE VICTORIES

Vitality Online Nutrition Assessment

AIA Vitality

AIAVitality.com.sg



THE REAL LIFE
COMPANY

Overview

The Vitality Online Nutrition Assessment helps you assess your eating habits and gives you suggestions on how you can improve on your diet and lifestyle.

Who may use this Benefit?

The Vitality Online Nutrition Assessment is available to all AIA Vitality members.

How does the Benefit work?

The Vitality Online Nutrition Assessment can be completed when you log onto AIAVitality.com.sg

AIA Vitality Points

- You will earn 500 AIA Vitality Points for completing the Vitality Online Nutrition Assessment. Your AIA Vitality Points will show on your AIA Vitality Points Statement within 48 hours. You can earn these AIA Vitality Points twice per membership year, six (6) months apart.

Vitality Online Nutrition Assessment

Important points to remember

- There is no limit to the number of Vitality Online Nutrition Assessments you can do, but you will only be awarded points twice per membership year, six months apart, capped at 1,000 AIA Vitality Points a year.
- Your entitlement to, and enjoyment of, this Benefit is subject to the rules herein and the AIA Vitality Terms and Conditions (see www.aiavitality.com.sg/memberportal/terms_and_conditions). In the event of any conflict between this Benefit Guide and the AIA Vitality Terms and Conditions, the AIA Vitality Terms and Conditions shall prevail.
- By signing up for a Vitality Online Nutrition Assessment under this Benefit, you acknowledge that you have read these rules, the AIA Vitality Terms and Conditions (see www.aiavitality.com.sg/memberportal/terms_and_conditions), including the disclaimers below, and that you accept and will be bound by the terms hereof.
- In the event of dispute, the decision of AIA Singapore shall be final.

Disclaimers and Governing Law

We make no representations or warranties, express or implied, of any kind with respect to this Benefit, nor do we assume any legal liability or responsibility for the completeness, accuracy, adequacy or currency of the contents of this Benefit Guide or the medical advice rendered under this Benefit.

This Benefit Guide shall be governed by and interpreted in accordance with the laws of Singapore.

If you have any questions or need more information about this Benefit, please visit AIAVitality.com.sg; or email us at support@aiavitality.com.sg; or call 1800 248 8000.

Information and prices (if any) are correct as at 1 April 2017 and are subject to change.